

Volunteering at Rowan Opportunities

Why volunteer at Rowan?

Rowan is a vibrant, independent, registered charity providing an arts centre and forest school for adults with learning disabilities.

Volunteers play a key role at Rowan and help in a range of areas, including our creative workshops, our forest school Rowan Rangers, at fundraising events and in the office. People volunteer for lots of good reasons:

- Gain useful experience and new skills which can be great for your CV or personal statements
- Try out something new
- Build confidence and self esteem
- Take on new challenges
- Share your skills to help others
- Make more effective life and career plans and give something back to the community
- Do something that is important to you
- Have fun
- Meet new people and make new friends

“Rowan is a friendly, supportive and safe place” says volunteer Veronica.

“It is the happiest place” says volunteer Mark.

Volunteers at Rowan need to be over 16, although we do have a limited number of volunteer roles for Duke of Edinburgh students working toward Bronze and Silver awards.

Music volunteer

The role would involve supporting our music students and tutor in the workshop.

	Criteria
Relevant experience	<ul style="list-style-type: none"> • Music skills and techniques • Working with vulnerable people • Experience in calm, patient, person centred support
Any qualifications	<ul style="list-style-type: none"> • DBS needed Personal skills – <ul style="list-style-type: none"> • Friendly, patient and reliable • Able to work as part of a supportive team • Respectful of individual’s needs, communication styles, and abilities • Keen to learn and open to guidance

Timings and days	<ul style="list-style-type: none"> Monday, 9am to 12.30pm Thursday, 9am to 12.30pm
What will be expected / list of possible tasks / what you will be asked to do	<ul style="list-style-type: none"> Supporting students with music Providing verbal encouragement and appropriate conversations Helping set up and pack away equipment Encouraging independence, confidence and choice Supporting communication and social interaction Maintaining a safe, inclusive and respectful environment Taking part and supporting our annual showcase
Will there be any training?	<ul style="list-style-type: none"> Guidance on supporting adults with learning disabilities Safeguarding overview

If you are interested in applying for this volunteering role, please contact us via the details below or complete the online form on the Volunteering Page on our website.

Who to contact about this opportunity.

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